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JORDAN GOES FOR THE KNOCKOUT

The fighting star of "Creed" takes on a Philadelphia legend. 18

Before the feast, there's Thanksgiving Eve. 21

Giants, Jets in middle of NFL power ranks. 24

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RAISING THE BAR

A Bushwick collective plans to open a bar to support community spaces. 8

BESS ADLER

CHICAGO COP CHARGED

1 A white Chicago policeman was charged Tuesday with first-degree murder in the October 2014 shooting of black teen Laquan McDonald, a state prosecutor said in a statement. The officer, Jason Van Dyke, was denied bail at a hearing in Chicago's main criminal courthouse. REUTERS

PAKISTANI SENTENCED

2 A Pakistani man was sentenced by a U.S. judge to 40 years in prison Tuesday for plotting to bomb a shopping center in England as part of an Al Qaeda plan to carry out attacks in Europe and the United States. Abid Naseer, 29, had faced up to life in prison following his conviction by a federal jury in Brooklyn, New York, in March on charges including that he provided material support to the Islamic militant group. REUTERS

ROCKET LAND A SUCCESS

3 Amazon founder Jeff Bezos said Tuesday his space transportation company, Blue Origin, plans about two more years of test flights before it will offer rides to passengers. Blue Origin successfully landed a suborbital rocket back at its launch site, a key step in its drive to make reusable rockets, the company said. REUTERS

THANKSGIVING MEALS

7 Volunteers with Catholic Charities help hand out Thanksgiving food to those in need at the Lt. Joseph P. Kennedy Community Center on Tuesday in Harlem.

7 THINGS YOU NEED TO KNOW

ALL PHOTOS BY GETTY IMAGES

5 SHOT NEAR PROTEST

4 Police are searching for three white men in the shooting of five people near a Minneapolis police station where demonstrators had gathered for more than a week to protest the shooting of an unarmed black man by officers. None of the injuries were believed to be life-threatening late Monday. REUTERS

NY PENSION LOST $11B

5 New York State's employees' retirement fund, one of the largest public pension funds in the United States, lost $11 billion as markets swooned earlier this year, according to a state financial watchdog Tuesday. The New York State Common Retirement Fund had a value of $173.5 billion at the end of the second quarter of its 2015-2016 fiscal year, which ends on Sept. 30, the state comptroller's office said, compared to $184.5 billion at the end of March. REUTERS

AMAZON PULLS ADS

6 Amazon pulled advertisements for a television show featuring Nazi-inspired imagery from New York City's subway system, a transit official said, hours after Mayor Bill de Blasio called on the company to do so. The advertisements for "The Man in the High Castle" completely wrap the seats, walls and ceilings of one train. REUTERS

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Prepped turkeys, below, wait to be cooked at Harlem's First Corinthian Baptist Church on Tuesday ahead of the annual Thanksgiving dinner for the hungry. HANNAH MATTIX

Historic Harlem church preps for Thanksgiving

First Corinthian Baptist Church is expecting over 1,000 community members for a Thanksgiving meal.

WENDY JOAN BIDDLECOMBE
Wendy.Biddlecombe@metro.us

First Corinthian Baptist Church is once again pulling off a seemingly impossible annual feat — a feast for 1,000 Harlem neighbors who might not have anywhere else to go.

And the Harlem church does it without a commercial kitchen.

First Corinthian, which recently hit 10,000 members, hosts Thanksgiving dinner with more than 100 volunteers ready to serve food to make sure no one in the neighborhood goes hungry.

On Monday evening, volunteers sat in the church and got their marching orders for the big day.

Anyone who shows up is given the option of dinner at tables with white linens or takeout. Servers dress in all black with white bow ties, while the cleanup crew is allowed more relaxed attire. Parishioners are instructed to serve only their two-hour shifts; after they finish, if they feel compelled, they may place fliers around the neighborhood to make sure everyone who needs a meal knows where to get one.

"People don't realize that central Harlem is being reimagined as a renaissance, and in the midst of all the development ... there is still an undercurrent of poverty and issues around food security," said Pastor Michael A. Walrond Jr. "And that is real for a large section of Harlem, no matter how it looks to many who feel Harlem is the new place to be. [Many] people don't think there's a crisis, and it's paradoxical in some ways, because many people are struggling."

Walrond said the church, in addition to a food pantry program, offers free breakfast to about 1,000 children a week before school.

A Food Bank for New York City report released Monday, called "Hunger Cliff NYC," found 90 percent of city food pantries had more visitors in September 2015 than the same month in 2013, and more than a quarter increased operating hours.

Nearly half of all city pantries reported they ran out of food and reduced the number of meals because of the scarcity, which is in part attributed to the 2013 food-assistance cuts.

Lauren Chesley, 31, who joined the church in April, is volunteering Thursday.

"Thanks. Giving. It's the essence of the day."
Chesley

"Thanks. Giving. It's the essence of the day," Chesley said. "This is one of the first Thanksgivings that I'm in New York City, a place of need. Where I'm from [Minneapolis] you don't really see it."

Austin Bonds, 27, who works in finance, said he has attended the church for four years and has spent the last three Thanksgivings volunteering.

"It's a really humbling experience to serve people who are underserved, and people in general. The genuine smiles. ... Some people cry, we engage and have conversations and invite people to eat with us."

First Corinthian Baptist Church is located at 1912 Adam Clayton Powell Jr Blvd. in Harlem. The church starts serving Thanksgiving meals at noon Thursday, and all are welcome.

www.metro.us

This building is being constructed through the Low-Income Affordable Marketplace Program (LAMP) of the New York City Housing Development Corporation, New York City Housing Authority (NYCHA) and the Low Income Rental Program (LIRP) of the New York City Department of Housing Preservation and Development.

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**** Household earnings includes salary, hourly wages, tips, Social Security, child support, and other income for household members. Income guidelines subject to change.

How do you Apply? Apply online or through mail. To apply online, please go to: **www.nyc.gov/housingconnect.** To request an application by mail, send a self-addressed envelope to: **Oceanhill, LLC c/o Cornell Pace Inc. 542 Main Street, New Rochelle, NY 10801.** Only send one application per development. Do not submit duplicate applications. Do not apply online and also send in a paper application. Applicants who submit more than one application may be disqualified.

When is the Deadline? Applications must be postmarked or submitted online no later than **January 19, 2016.** Late applications will not be considered.

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Español Para recibir una traducción de este anuncio y la aplicación en español, envíe un sobre con su dirección a **Oceanhill, LLC c/o Cornell Pace Inc. 542 Main Street, New Rochelle, NY 10801.** En la parte posterior del sobre, escribir en inglés la palabra "SPANISH". Las solicitudes llenas deben enviarse por correo a más tardar el **19 de enero 2016.**

简体中文 若要获取此广告和申请表的中文翻译，请将信封寄往并发送到 **Oceanhill, LLC c/o Cornell Pace Inc. 542 Main Street, New Rochelle, NY 10801.** 请在信封的背面书写英文单词 "CHINESE"。填写好的申请表必须在 2016 年 1 月 19 日 当天或之前加盖邮戳。

한국어 이 광고문과 신청서의 대한 한국어 번역본을 받아보시려면 반송용 봉투를 **Oceanhill, LLC c/o Cornell Pace Inc. 542 Main Street, New Rochelle, NY 10801.** (으)로 보내주십시오. 봉투 뒷면에 "KOREAN"이라고 영어로 적어주십시오. 작성된 신청서에는 늦어도 2016 년 1 월 19 일까지의 날짜 소인이 찍혀 있어야 합니다.

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Русский Для получения данного объявления и заявления на русском языке отправьте конверт с обратным адресом по адресу: **Oceanhill, LLC c/o Cornell Pace Inc. 542 Main Street, New Rochelle, NY 10801.** На задней стороне конверта напишите слово "RUSSIAN" на английском языке. Заполненные заявления должны быть отправлены по почте не позднее **19 января 2016.**

Mayor Bill de Blasio
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NYCHA Chair & CEO Shola Olatoye
www.nyc.gov/housingconnect

5 New York Wednesday, November 25, 2015

Help Metro make magic

Please donate to the Metro Magic annual holiday toy drive during the 2015 holiday season.

In keeping with the holiday spirit of giving, Metro is once again launching Tony's Metro Magic, our annual toy drive for underprivileged children in Boston, New York and Philadelphia.

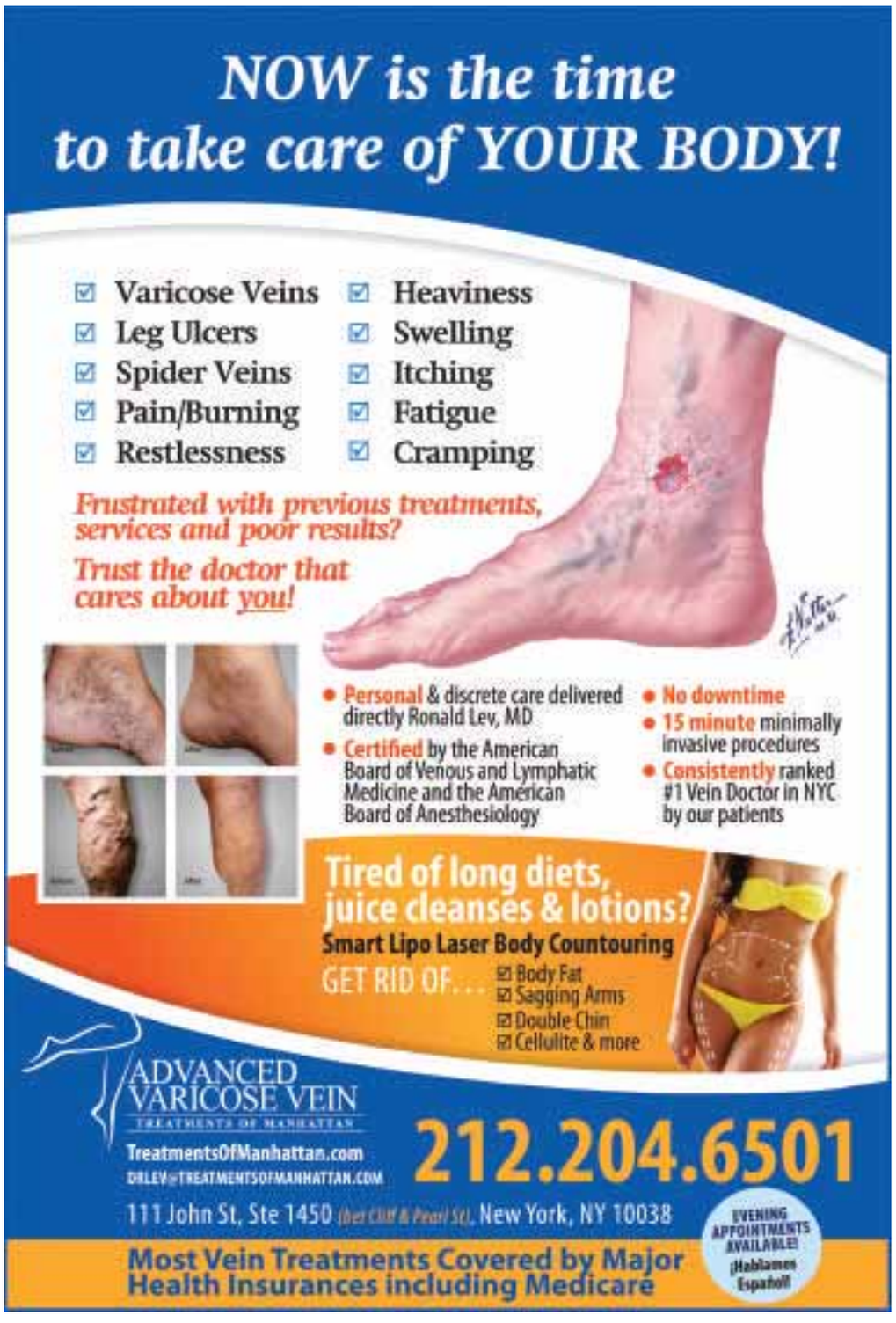
This year marks the seventh anniversary of the toy drive, which was renamed in memory of the man who oversaw the project for more than four years, Tony Metcalf, Metro's longest-running editor-in-chief. Mr. Metcalf passed away in 2013 from colon cancer at the age of 50.

Mr. Metcalf lit up every year as he saw the faces of children unwrap their holiday gifts. It is our goal to keep that magic alive. We are now asking readers to contribute what they can to Tony's Metro Magic.

Metro has created a wish list at the Target website that readers can access by going to www.metro.us and clicking on the Tony's Metro Magic logo.

From there, just choose the toys you wish to donate, pay online using Target's secure payment system, and your gifts, along with your name attached, will be delivered to Metro's offices in each city. This season, we hope you will remember the children who will spend the holidays in shelters or who may not have gifts to open. Even one small gift can make a big difference in a child's holiday season.

METRO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Barnard College GETTY IMAGES

Barnard OKs winter dorm stays

Thanks to pressure from a petition, students may stay in winter housing for no additional fee.

WENDY JOAN BIDDLECOMBE
Wendy.Biddlecombe@metro.us

Barnard is allowing students without a place to go to stay in student housing over the winter break for free.

Metro reported last week that students who were concerned about being denied winter break housing were circulating a petition, which eventually reached 1,877 signatures. The university said it has been reducing winter housing since 2012, and was planning to allow only "mission critical" students, such as athletes and tour guides, to stay over break.

Students were concerned that low-income students and those from unstable households would be affected by the policy.

"Now, all Barnard students in need who ask for housing will be granted housing and there will be no fee. And the administration has essentially granted all three main demands of the petition," Barnard sophomore Toni Airaksinen told Metro.

"The winter housing policy has not actually changed," Anna O'Sullivan, Barnard's director of media relations, told Metro. "As has been true in years prior, we are making exceptions to the existing policy for students who demonstrate financial or personal need. What we have now done on top of that is to allow those who are granted winter break housing to stay without paying an additional fee. Last year they were charged $400."

O'Sullivan said school took the petition and comments "quite seriously" and said the school is committed to addressing housing issues.

Airaksinen previously told Metro that a students and professors are "not just fighting for a place to stay but an intrinsically stable place for students to spend their winter break."

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Mayday in Bushwick: Collective works to foster community with shared spaces

The member-powered organization hopes to offer a middle ground amid debates about gentrification and displacement.

CHESTER SORIA
@chestersoria
chester.soria@metro.us

The Mayday Space in Bushwick hosted "Mayday Community Potluck: Giving Thanks Edition" and meetings for building improvement projects. BESS ADLER

The group of 70 or so people inside the red brick church that sits at the corner of St. Nicholas and Himrod streets in Bushwick lined up for a home-cooked buffet.

The diners — predominantly in their 20s and 30s — sat inside space for a monthly potluck to "give thanks." And although no one said the word "Thanksgiving," the nontraditional group did have at least one thing in common, organizer Lucas Shapiro said.

"It's really about the community," said Shapiro, one of the founding members of Mayday Space.

Many of those who ate stuck around after the meal to help clean up what members described as an underused three-story space with classrooms and a massive event hall.

Founded in 2014, the Mayday Collective hopes to be the home for anything from film screenings to policy discussions that engage locals on the issues that affect them, such as labor, housing and social justice.

To do so, Mayday plans to operate two locations: one inside the building currently hosting two local Episcopal congregations off the Dekalb L train stop, and a fully stocked bar and cafe off Starr Street at the nearby Jefferson L train stop.

With help from volunteers within and outside Bushwick, organizers hope the bar will help offset costs for the broader programming in the community as it deals with an ongoing debate about gentrification and displacement.

Josh Carrera, 25, said he grew up in Bushwick off the Wilson L train stop. He said his family was evicted twice because of increasing rents. They eventually found a place in Jamaica, Queens in 2014, though they don't plan on staying too long.

> *"Land is power, especially in Bushwick right now."*
> Rodriguez

In October, realty group MNS reported annual rents in Bushwick increased by 1.1 percent since the year before.

"We want to come back home," he said. "We're looking."

Across the table, Pati Rodriguez nodded.

"That's why it's so important to involve not just building owners but also tenants," the 31-year-old said.

Like Carrera, Rodriguez was raised in the neighborhood. Her mother owns the building Rodriguez grew up in, but she said they are constantly receiving letters from developers seeking to buy them out of their home.

"This our house, our home," she said. "Land is power, especially in Bushwick right now. And it's in 'la boca del monstruo' [mouth of the beast] where there resistance should play out."

Both Carrera and Rodriguez are collaborating on a Mayday-sponsored project to light up building facades across Bushwick of signs made with strings of holiday lights with messages against the displacement of the neighborhood's working-class residents.

Part of engaging the largely Latino and immigrant community that settled down in Bushwick long before the waves of recent transplants, said Ana Nogueira of Mayday, is communicating clearly with the whole community and its leaders.

That includes direct conversations about Mayday's plan to open a bar at 214 Starr St. Members are building out the location themselves and hope to open it before Spring 2016.

DNAinfo has widely reported on the local community board's resistance and opaqueness to how it handles liquor license requests, but Nogueira said the group was able to convince the board of Mayday's mission.

Community board District Manager Nadine Whitted was not available for immediate comment, but a spokeswoman for Councilman Antonio Reynoso — who represents the area where the bar will be located — supported Mayday's goals.

"We're always happy when a new group in the neighborhood make ties with the community they're in," spokeswoman Lacey Tauber told Metro New York.

"Everybody wants a space," Nogueira said, noting the excitement she's heard from her neighbors. "And that's the thing about New York — there's a premium on space. Our real mission here is to offer that space."

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Silver collected millions in bribes: prosecutor

One of New York's most powerful politicians abused his office for a decade, orchestrating multimillion-dollar bribery schemes he kept hidden from public view through lies and deception, a U.S. prosecutor told jurors Monday at the close of Sheldon Silver's corruption trial.

Silver, who as speaker of the state Assembly wielded enormous political influence, collected $4 million in kickbacks in exchange for official acts, Assistant U.S. Attorney Andrew Goldstein said in New York federal court.

"The full picture of his corruption was exposed in this courthouse," Goldstein said.

But Steven Molo, Silver's lawyer, said overreaching prosecutors had criminalized politics as usual.

"This is a theory without evidence," he said.

Silver's counterpart in the state Senate, former majority leader Dean Skelos, is himself on trial for corruption in the same Manhattan court.

Sheldon Silver GETTY IMAGES

The two trials represent the highest-profile cases in a string of recent prosecutions and scandals involving dozens of state lawmakers.

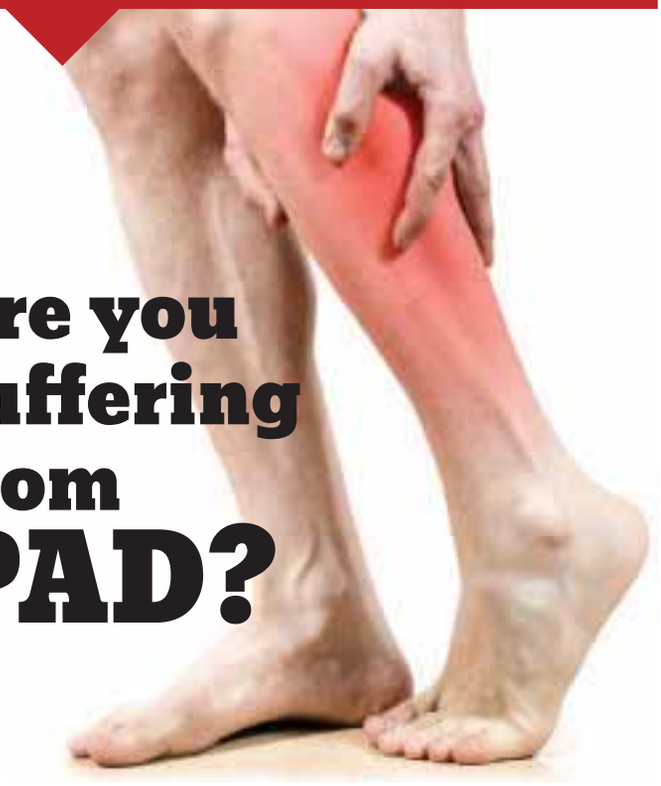
Silver, 71, and Skelos, 67, stepped down from their leadership posts after their arrests but continue to work as legislators, representing lower Manhattan and Long Island, respectively.

Under the state's system, the two legislative leaders and the governor make up the "three men in a room" who exercise virtually unfettered control over the legislative process in Albany.

Silver is also charged with accepting $700,000 in kickbacks for steering real estate developers to another law firm, then watering down rent control legislation to help those developers.

Molo argued that Silver had to reach a compromise to pass the legislation, which nevertheless helped tenants more than developers.

Deliberations began Tuesday. About two hours in, a juror sent a note to the judge asking to be excused due to feeling "stressed out." The judge called the jury back in, addressed some questions, and sent them back to deliberate. REUTERS



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- ☑ Slower growth of your toenails
- ☑ Shiny Skin on your legs
- ☑ No pulse or a weak pulse in your legs or feet
- ☑ Erectile dysfunction in men

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November 26-30
1 Van Cortlandt Park-bound trains skip 225 St, 231 St and 238 St
4 Crown Heights-bound trains run local from 125 St to 14 St-Union Sq
New Lots Av-bound trains skip Astor Pl, Bleecker St, Spring St and Canal St
5 Bowling Green-bound trains run local from 125 St to Grand Central-42 St
No trains between E 180 St and Dyre Av
6 Brooklyn Bridge-bound trains skip Astor Pl, Bleecker St, Spring St and Canal St
A Ozone Park / Far Rockaway-bound trains skip 163, 155, 135, 116, 110, 103, 96, 86, 81 and 72 Sts
C Euclid Av-bound trains skip 163, 155, 135, 116, 110, 103, 96, 86, 81 and 72 Sts
E Jamaica Center-bound trains skip Elmhurst, Grand Av, Woodhaven Blvd, 63 Dr and 67 Av
Jamaica Center-bound trains skip 75 Av and Briarwood
Q Norwood-bound trains skip 25 St, Prospect Av, 4 Av-9 St and Union St
F Jamaica-bound trains skip 75 Av, Briarwood and Sutphin Blvd
Coney Island-bound trains make local stops at 67 Av, 63 Dr, Woodhaven Blvd, Grand Av and Elmhurst Av
Full list of changes in moovit app
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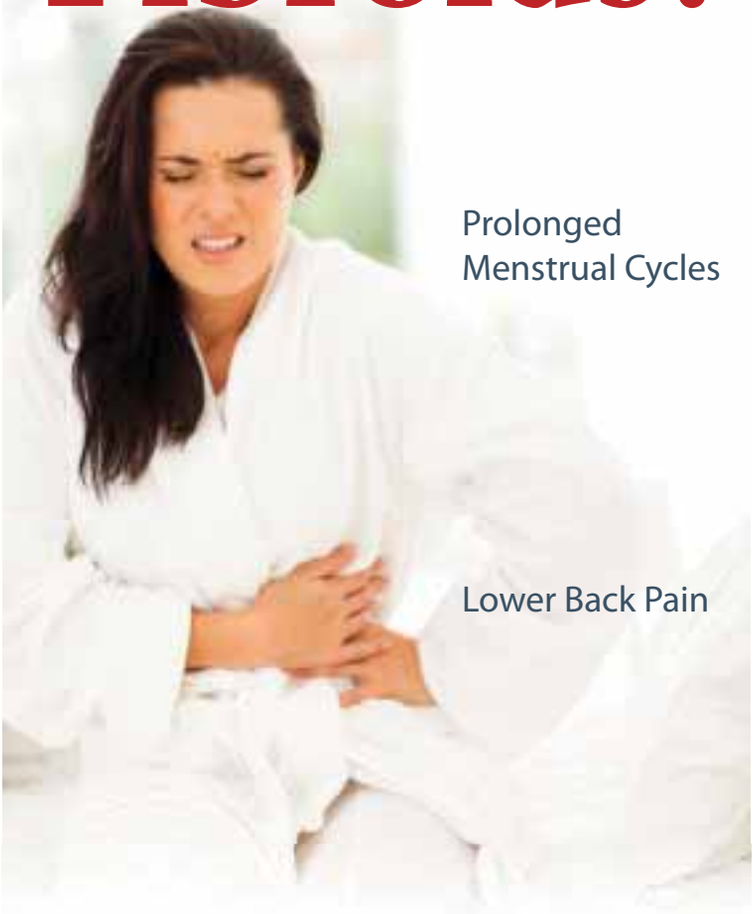
Fibroids?



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- ☑ Pelvic pain and pressure
- ☑ Pressure in your lower abdomen
- ☑ Pain during intercourse

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Smartphones may have role in rise of US traffic deaths

Texting while driving GETTY IMAGES

The jump in 2015 fatalities follows a decline in annual traffic deaths to 32,675 last year, for a record low of 1.07 deaths per million vehicle miles traveled, according to NHTSA statistics.

The number of deaths from traffic accidents in the United States jumped 8.1 percent in the first half of 2015, suggesting smartphones and other driving distractions could be making America's roadways more dangerous, officials said Tuesday.

Preliminary government statistics, released during a Thanksgiving holiday week known for heavy traffic congestion, showed deaths rising to 16,225 in the January-June period at a rate more than double an increase in overall driving spawned by falling gasoline prices and a growing economy.

"The increase in smartphones in our hands is so significant, there's no question that has to play some role. But we don't have enough information yet to determine how big a role," said Mark Rosekind, who heads the National Highway Traffic Safety Administration, the federal government's auto-safety watchdog.

The increase in the first half of 2015 was the biggest six-month jump in traffic deaths reported since 1977, according to statistics. But officials cautioned that semiannual results can be subject to major revisions and noted that a comparable 7.9 percent increase in early 2012 led to a 4 percent rise for that year as a whole.

Officials said it was too early to identify contributing factors. But Rosekind told reporters that officials are looking at likely causes including distracted driving and the possibility lower gas prices have encouraged more driving among "risky drivers" such as teenagers.

Rosekind also criticized an absence of effective state laws that prohibit hand-held smartphones by drivers or require the use of seatbelts and motorcycle helmets.

The auto safety agency expects to unveil a program next year to target $500 million in federal safety grants at human factors that are responsible for 94 percent of motor vehicle crashes. REUTERS

BRIEF

Baltimore jury to be anonymous in police trial over man's shooting death

A Baltimore judge ordered that jurors remain anonymous in the trial of a police officer charged in the death of a black man from an injury while in custody, an incident that triggered protests and rioting.

Officer William Porter, 26, is the first of six Baltimore officers to face trial separately over the death of Freddie Gray in April. His trial in Baltimore is scheduled to start Monday.

Judge Barry Williams denied a defense motion to sequester jurors, but agreed to have them stay anonymous to prevent potential coercion or attempts to sway them.

"Jurors are to remain anonymous and known only to the judge," lawyers and court staff, he said, citing intense publicity surrounding the case. Williams said 75 to 80 potential jurors would be called.

Gray died from a spinal injury suffered in the back of a police transport van following his arrest, sparking protests, rioting and looting in the largely black city. It also added fuel to a national debate on police treatment of minorities. REUTERS

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Baby Boomers May Avoid Knee Surgery With Modern Arthritis Treatments

Doctors say these two factors are the keys to knee arthritis treatment success and relieving pain without surgery

By Matt Edgar

America's Health Writer

New York City - Everyone has said it at one time or another. If I had only known about "this" sooner - things would be very different today.

That's what many knee arthritis pain sufferers are saying about this technology and treatment.

"We all know that countless lives are being saved every year because of early detection and better treatment of cancer," noted the clinic director at the OsteoRelief Institute in New York City. "*The same holds true for treating knee arthritis pain. I believe we are having so much success at OsteoRelief Institute because of two factors: One is we are using advanced medical technology and treatments a lot of clinics do not use. And second, the word has spread to our community and so many knee arthritis sufferers are coming in sooner. And the earlier we can treat knee arthritis - the better the results. The key to avoiding knee replacement surgery is doing the correct treatments as soon as possible."*

What is the "correct treatment?"

"That depends," said the director. *"There is no one answer when it comes to medical conditions and knee arthritis is no different. That's why, if you have knee pain, you should have it evaluated by a doctor who deals with and treats knee pain every day,"* added the director.

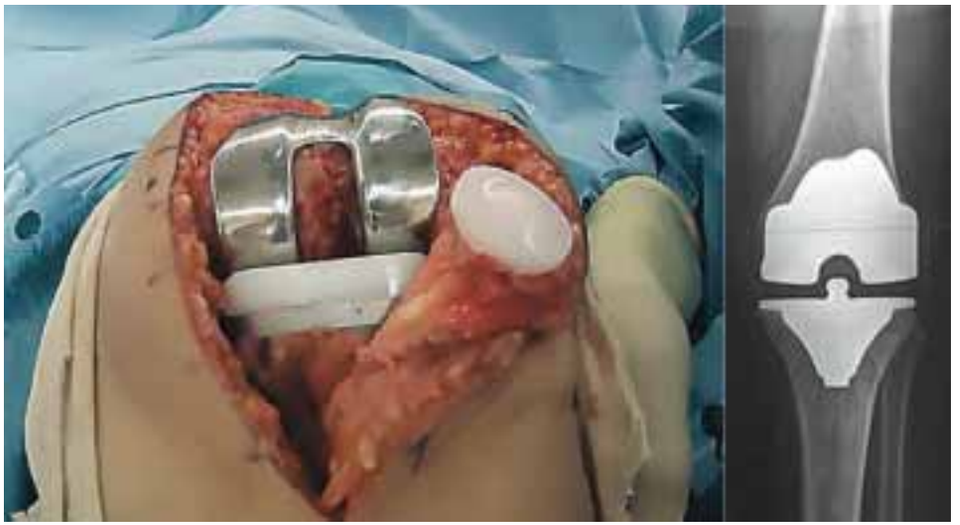
For many knee arthritis pain sufferers the right treatments is viscosupplementation. In this treatment, a preparation of Hyaluronic acid (such as Hyalgan) is injected directly into the knee joint.

Hyaluronic acid is a natural lubricant and shock absorber of your joints and is found to be decreased in arthritis sufferers. This is similar to running your car low or without oil. Obviously, the sooner you put oil back in the car - the less damage will be done. That's why some doctors feel early viscosupplementation gets the best results and is so important for avoiding surgery.

The director, believes one of the most important factors for the success of viscosupplementation is making sure you are getting it into the joint space. That's why the doctors at OsteoRelief Institute use advanced imaging technology called a "C-Arm."

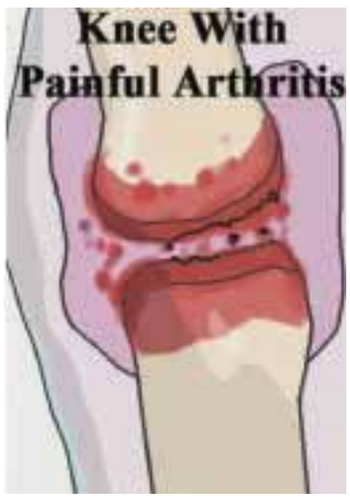
A C-Arm allows the doctor to see into the joint and actually watch the injection go where it is supposed to. Research shows that performing injections without digital imaging can result in missing the joint space as much as 30% of the time. If you had viscosupplementation treatments without advanced imagining and did not get good results - this may be why.

"If you have knee arthritis pain, viscosupplementation might be the answer you are looking for. The keys are to not wait, get a good evaluation from an expert and make sure advanced digital imaging (C-Arm) is used to make sure you have the best chance for success."



Can This Be Avoided? Total knee replacement is serious surgery requiring months of rehabilitation. Some doctors think modern treatments done early enough can keep baby boomers from going under the knife.

Everyone Wants Proof: In the artist simulated drawings above, picture #1 is a normal, pain-free knee. There is no arthritis and the knee can move and bend freely without pain.



Pain - the red is a knee joint with painful osteo-arthritis. Arthritis causes the joint space to decrease, grinding, stiffness, decreased motion, bone spurs, swelling and a lot of pain.

Successful Treatment - Hyalgan (blue) being precisely injected directly into the knee joint using laser guided hologic imaging. Advanced imaging allows treatments to be as precise as possible. Hyalgan can lubricate the joint and decrease pain.

Failed Treatment - the injection (and Hyalgan) misses the joint space. Research shows this occurs up to 30% of the time without the use of laser guided hologic imaging to guide the injection. This is why Hyalgan may not have worked for you.

Knee Pain Screenings Offered To Help Determine If New York Metro Area Residents Qualify For Popular Treatment

Knee pain sufferers have limited time to claim knee pain screening to see if all-natural knee arthritis treatment might work for them

If you qualify for this treatment, it might be one of the happiest days of your life.

That's because, for the past year and a half, hundreds of knee pain sufferers have flocked to OsteoRelief Institute New York City.

That's when their specially trained-doctors added Hyalgan treatments to their already successful comprehensive knee pain relief program.

Viscosupplementation is unique because - even-though it is manufactured by a pharmaceutical company, it is NOT considered a drug because it is a natural substance with an incredible story.

Why So Many Want It

You see, when you suffer with arthritis - the lubricating fluid (synovial fluid) in your knee joint dries up.

This means instead of gliding smoothly - your bones start to rub and grind against each other.

This causes a little pain in the beginning - but over time the pain steadily gets worse until it is excruciating.

Like "Joint Oil"

Viscosupplementation works so well because it is like 'joint oil." It is a natural substance that contains one of the natural building blocks of the synovial fluid that lubricates your knee.

Scientists and researchers discovered this natural building block to synovial fluid in the rooster's comb - that big red thing on top of the roosters head. It is extracted from the roosters comb, purified and concentrated.

When it is injected directly into your knee joint, it is like squirting oil on a rusty door hinge.

Viscosupplementation allows your joints to glide more smoothly eliminating a lot of the rubbing, grinding and pain.

Can Supplements Do The Same Thing?

No. Glucosamine and chondroitin and other supplements are much different. You can only get this from a doctor and it often helps knee pain sufferers who got limited or no success from glucosamine and chondroitin. Beware of unsubstantiated claims made by supplements to do what this advanced medical procedure does.

Why You Should Try This Even If You've Already Had Similar Treatments Without Results...

"We have been able to help so many knee pain sufferers - even many who have already tried other injections like Synvisc, Supartz, Orthovisc and even Hyalgan. We use special and very advanced advanced low dose video flouroscopy imaging called "Hologic Digital Imaging" so we can see right into the joint. This allows us to put the Viscosupplementation exactly where is needs to be. Studies show doctors doing joint injections without flouroscopy miss the joint up to 30% of the time." said the director of Arthritis Treatment at Osteorelief Institute.

OsteoRelief Institute is a state of the art medical facility offering only the best technology.

And that's not all - OsteoRelief Institute has a complete knee relief program called "P.AC.E." to make sure you get the most pain relief and the best possible results from treatment.

"Every case is individual. Some patients get quite a bit of relief right away - others take a little more time. But most have been extremely happy. We've noted results lasting no less than 6 months for many but up to 2 years for some patients.. Patients who were suffering for years with bad knee pain are getting their lives back... going for walks again and exercising. It's amazing to see. They tell all their friends - that's why we are swarmed. I can't tell you how many patients have cancelled their total knee replacement surgeries." added the director.

How To Get I

If you have knee pain, the director would like to invite you for a no obligation screening to see if you are a candidate for Hyalgan treatments and the P.AC.E program.

Advanced Medical Technology Can Make All The Difference: This advanced digital imaging called a C-arm allows doctors to see directly into the knee joint so treatments are precise and the Hyalgan actually goes where it is supposed to. Studies show that injections done without digital imaging can miss the joint up to 30% of the time. This is one reason Hyalgan or other Viscosupplementation may not have worked for you. OsteoRelief Institute uses this C-arm for every Hyalgan treatment.

All you have to do is call 800-227-KNEE (5633) right now and when the scheduling specialist answers the phone tell her you would like your no obligation "Knee Pain Screening." The specialists at OsteoRelief Institute can only accept a limited amount of new patients each month for this screening - so if you are interested please call now. Your no obligation screening will only take about 25-30 minutes... you will get all your questions answered and leave knowing if you have possibly found the solution to your knee pain.

And here's something really important - Viscosupplementation treatments and the P.AC.E program are covered by most insurance and medicare. To schedule your no obligation screening or if you have any questions call 800-227-KNEE (5633).

If You Can Answer Yes -You Are Eligible For A Knee Arthritis Screening With The Experts At OsteoRelief Institute

- **Do you have pain and osteoarthritis (arthritis) of the knee?**
- **Have you tried other treatments such as NSAIDS and other anti-inflamatory medications without success?**
- **Have you already tried viscosupplementation (Hyalgan, Suparz, Synvisc) without satisfactory results?**

If you answered yes to any of these questions - give OsteoRelief Institute a call and schedule your no obligation knee pain screening 800-227-KNEE (5633).

Turkey downs a Russian warplane near Syria border

Putin livid, warns of "serious consequences."

Russian President Vladimir Putin on Tuesday insisted a Russian warplane shot down by a Turkish jet was flying over Syrian territory and did not pose any threat to Turkey. GETTY IMAGES

Smoke rises as the Syrian regime forces attack the region where a Russian warplane was downed by Turkey in Syria's northwestern Turkmen town of Bayirbucak near Turkey's border Tuesday. GETTY IMAGES

Turkey shot down a Russian warplane near the Syrian border Tuesday, saying the jet had repeatedly violated its air space, in one of the most serious publicly acknowledged clashes between a NATO member country and Russia for half a century.

Russian President Vladimir Putin said the plane had been attacked when it was 0.62 miles inside Syria and warned of "serious consequences" for what he termed a stab in the back administered by "the accomplices of terrorists."

Each country summoned a diplomatic representative of the other and NATO called a meeting of its ambassadors for Tuesday afternoon.

Russia's Foreign Minister Sergei Lavrov canceled a visit to Turkey due Wednesday, and the defense ministry said it was preparing measures to respond to such incidents.

Footage from private Turkish broadcaster Haberturk TV showed the warplane going down in flames, a long plume of smoke trailing behind it as it crashed in a wooded part of an area known by Turks as "Turkmen Mountain."

Separate footage from Turkey's Anadolu Agency showed two pilots parachuting out of the jet before it crashed. A deputy commander of rebel Turkmen forces in Syria said his men shot both pilots dead as they came down.

A video sent to Reuters earlier appeared to show one of the pilots immobile and badly wounded on the ground. An official from the rebel group said he was dead.

But a Turkish government official told Reuters the pilots were believed still to be alive and that Ankara was working to secure their release from Syrian rebels.

Russia's defense ministry said one of its Su-24 fighter jets had been downed in Syria and that, according to preliminary information, the pilots were able to eject.

> *"We will never tolerate such crimes like the one committed today."*
>
> Putin

"For the entire duration of the flight, the aircraft was exclusively over Syrian territory," it said.

The Turkish military said the aircraft had been warned 10 times in the space of five minutes about violating Turkish air space. Officials said a second plane had also approached the border and been warned.

"The data we have is very clear. There were two planes approaching our border, we warned them as they were getting too close," another senior Turkish official told Reuters.

"We warned them to avoid entering Turkish air space before they did, and we warned them many times. Our findings show clearly that Turkish air space was violated multiple times. And they violated it knowingly," the official said. REUTERS

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Sofia's suspiciously sober celebrating

ALL PHOTOS GETTY IMAGES

During what was certainly the most heavily documented celebrity wedding of the decade, bride Sofia Vergara raised more than a few eyebrows by eschewing any celebratory Champagne, despite her marriage to Joe Manganiello being a huge party. So what gives? "The reception was so much fun. Even though so many people there were wasted, Sofia was not at all," a source says of the West Palm Beach, Florida, nuptials, according to Radar Online. "Either Sofia chose not to get drunk at the wedding out of respect for Joe" — who is 12 years sober — "or she is pregnant." Well, then. Which do we think it is? The groom's comments at the reception point to family planning: "Joe cannot wait to have children with her, and he said that they are going to be trying right away," the source adds. Maybe they got an early start on that.

Justin Theroux wants you to know his marriage is awesome

In case you were curious about how things are going with Justin Theroux and Jennifer Aniston now that they're a few months into their marriage, Theroux himself is here to tell you that everything is fantastic. Not to rub your face in it or anything. "It does feel different. I'm very happy," he tells In Touch. "She's beautiful. Not to be corny, but I constantly say that. We are having a great time." Oh, and according to Theroux the best part of married life is "getting to look at the person next to you every morning." Sheesh. Get a room, you two.

DAILY VIDEO

YOUTUBE

Katniss sure loves Pita

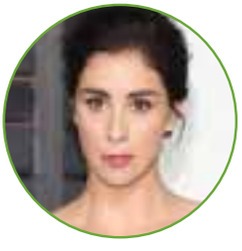
The last "Hunger Games" movie is out, so that means we're running dangerously low on time to make ridiculously stupid jokes about it, like this supercut of every time Katniss talks about pita — er, Peeta — in the series. For added goofiness, the clips are enhanced with some delicious-looking flatbread sandwiches. It's simple and stupid and that's why it's delightful.

Gwen and Blake's PDAs are looking dubious

So this whole Gwen Stefani dating Blake Shelton thing. We need to talk about it. I'm not saying I'm getting suspicious, but I'm getting suspicious. The "Voice" co-judges continue to play the whole fling up for the cameras and behind the scenes so that word can get out about how cutesy they are together. Like during the taping of this week's episode, at a commercial break Shelton made sure to walk over to Gwen and whisper in her ear a whole bunch as she rested her hand on the small of his back. And it doesn't help that when we chatted with Christina Aguilera earlier this month she was far too eager to talk about them — even bringing up the topic herself. Let's just say the whole thing feels a bit … staged. That's all.

Johnny Depp digs his wife's taste in music

Johnny Depp opened up to E! News about just what's so special about wife Amber Heard — and I honestly can say it's not what you think. "We connect on a lot of levels, but the first things that really got me was she's an aficionado of the blues," Depp says. "I would play a song, some old obscure blues song, and she knew what it was. She's very literate. She's a voracious reader as I have been, so we connected on that as well and she's kind of brilliant and beautiful." Just kind of?



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Last time I smoked pot I signed up for Pinterest

@TheRock
My love/hate relationship with 5AM cardio.

@KellyOsbourne
Have you ever been so tired that you are scared to sleep? I have never felt like this before.

@GarryShandling
You used to call me on my landline at the office.

@rickygervais
Have a fun day

@MarkDuplass
And that was the Thanksgiving he decided to retire and just stay in Maine.

The eye of a whole new tiger

Michael B. Jordan didn't use a double for boxing scenes in the new "Rocky" spin-off "Creed" — and he has the scars to prove it.

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Michael B. Jordan has taken hits on screen before. He spent two seasons on "Friday Night Lights," where he had a double, though still did some of his own stunts. But that's nothing compared to "Creed," a spin-off and continuation of the "Rocky" saga, focused on Jordan's Adonis, the illegitimate secret son of deceased fighter Apollo Creed (Carl Weathers).

GETTY IMAGES

Adonis may team up with Sylvester Stallone's Rocky for a big fight, but Jordan — reuniting with his "Fruitvale Station" director Ryan Coogler — didn't want to just do another "Rocky." The duo wanted to make their own distinctive movie, that built off the legacy of a beloved franchise while building a future for its own, new hero. Not only that, they wanted a studio film that feels as raw and interested in people as the movie that broke them through into the mainstream.

Rocky is a Philadelphia institution.

He's huge. When you're doing exterior scenes with [Stallone], there are hundreds of fans lined up on the side. After you yell cut they're like, "Rocky! Sly!" It's like, "Damn, the whole city is out here." It's consistent. They followed us around.

Despite continuing an iconic film series, this still looks and feels a lot like "Fruitvale Station." Ryan doesn't completely overhaul his style.

Ryan has a unique take on people. He likes to see what they do when they're alone, when they're by themselves, when they're thinking. He lets scenes breathe. That's not seen too often in cinema, that directors let characters have little moments. It doesn't have to be dialogue-filled all the time. Sometimes two people sitting there in their own space is more interesting than watching people talking the entire time.

Michael B. Jordan's Adonis does an epic run in the "Rocky" spin-off "Creed." WARNER BROS. PICTURES

Then there's the boxing. You did that yourself, and there's even one fight done in a single take. A lot of times long takes are about admiring the technique, but here it's about admiring the actors.

That one could have failed in a heartbeat. There were a few times when we thought, "Are we going to have to cut this up?" But I love one-takes. It's a connection you make with the audience. When you cut it's a blink. They stop. They say, "I'm out of it." Sometimes you can keep people locked in on a situation. You get so much more emotion out of people.

Are you still boxing?

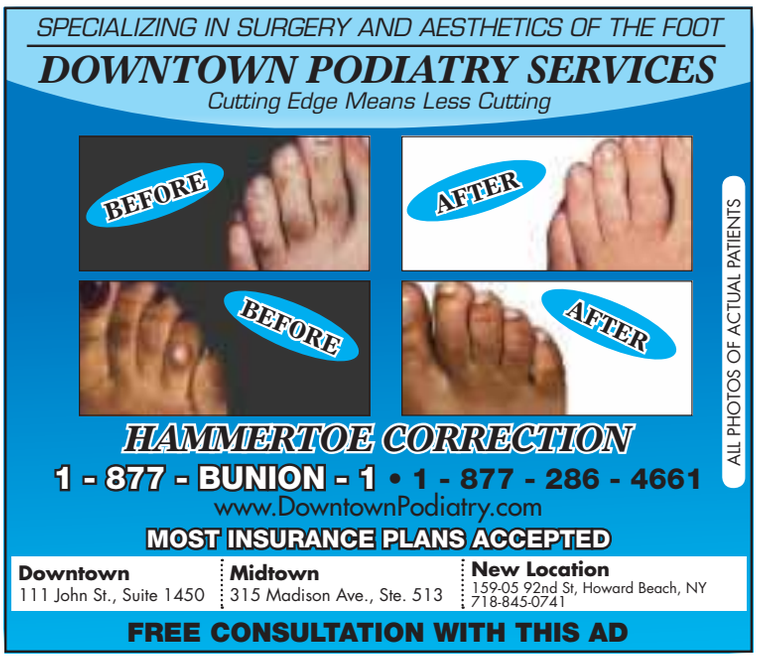
I'm still boxing. Got the knuckles to prove it. [Shows a bruise on his knuckles] That one's kind of infected, actually. Got to do something about that. [Laughs] It's like picking up a new craft, a new toy. You want to keep playing with it, keep experimenting with it. It's cool to get back on the heavy bag, the speed bag, jump rope, go through some rounds on the pad. Just to stay sharp. It's good cardio. It gives you discipline and focus. Exercise is a great release.

What Sly said

Sylvester Stallone on his initial thoughts when filmmaker Ryan Coogler came to him with the idea of "Creed."

"No," Stallone says. "No, no, no. Because it was such a struggle to get the last one done. I was so happy ['Rocky Balboa'] was the conclusion of the 'Rocky' story. I thought we don't need to go any further with it. And I dismissed the idea."

But Coogler was adamant. He kept coming back, over a year. "I thought, 'My story is told, but there's a whole other generation — two generations, since 'Rocky' started — whose story has not been told.' Then I finally agreed to do it after I was shamed for my narrow-mindedness."



Pixar does one for the kids with 'The Good Dinosaur'

'The Good Dinosaur'

Director: Peter Sohn
Voices of: Raymond Ochoa, Jack Bright
Rating: PG

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"The Good Dinosaur," about a physically stunted, eternally scared young Apotasaurus, only has a few jokes. But they're good. **PIXAR**

Earlier this year, Pixar released "Inside Out," which, despite its loud colors and funny characters, seemed primarily aimed at adults. What do kids even make of a movie about the death of childhood and the onslaught of neuroses, depression and existential dread? You can take comfort in "The Good Dinosaur," Pixar's second film of 2015, which is almost entirely for kids. It's simple and direct, complete with a basic, repeatedly reiterated lesson about overcoming fear.

That doesn't, mind you, make it lesser Pixar. In fact, it's a reminder that animated films can be modest. There's not even many jokes about its hero, young Arlo (voice of Raymond Ochoa), a scaredy-cat Apotasaurus born physically stunted, whose clumsiness and constant state of quivering fright is only occasionally played for laughs. When an accident sweeps him way downriver, far from home, he of course has to learn to man up, or at least make friends with a feral and savvy babbling caveboy (Jack Bright).

It helps that Arlo feels like an actual kid. He's voiced by one, and one who sounds genuinely scared and freaked out and fragile. Combine that with Arlo's bulging, sad eyes and his usually shaking body, and he's a figure of primo pathos.

The script doesn't give Arlo and Spot too many obstacles on their journey home, and most of the threats, like a clan of Tyrannosauruses, led by a reliably Sam Elliott-y Sam Elliott, prove benign, even friendly. But the lack of saturation and the minimal humor makes it easier to get into this delicate (albeit monstrous) flower's petrified headspace — to stick with him and not be distracted by busy bits of business.

It also gives us plenty of time to gawk. We're used to animated photorealism, especially from Pixar, but the landscapes look absolutely real, even as the creatures are lovingly, refreshingly exaggerated. There's beauty everywhere, from an ominous pterodactyl attack from the clouds to a brilliant leftfield drug trip sequence.

But nothing is as striking as Arlo himself. His face is extremely expressive, and his close-ups give the same kind of charge you get from watching old melodramas, or new ones like "Brooklyn" and "Carol." The face, even the animated dino face, is a thing of wonder.

'Victor Frankenstein'

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ALEX BAILEY

What if Igor had a girlfriend? What if he wasn't even a hunchback but just had a nasty abscess that needed draining? What if mad doctor Victor Frankenstein made the traditionally grotesque, pea-brained assistant his partner because Igor was also, by the way, an amateur scientific genius who cleaned up good if you directed him to a shower? But whatever happened to the actual, much cooler Igor who didn't become a London dandy? We live in a time when writers aren't content to respin the classics but must dramatically — which is not to always say creatively — rework them, for therein lies the path to true originality.

Thing is, these twists on old standards — like the recent "Pan" — are now as tired as the tales told time and time again, presuming we're tired of them at all. "You know the story," Daniel Radcliffe's Igor purrs in "Victor Frankenstein"'s opening seconds, then gives us time to groan before it removes all that was great and, more importantly, fun about an ageless brand.

But no matter. Here's a Frankenstein (James McAvoy) who's cheerfully insane and an Igor who bangs one of the "Downton Abbey" gals (Jessica Brown Findlay). McAvoy, to his credit, gives into the silliness, hamming and spitting like mad, eyes bulging inches above a deranged grin. Director Paul McGuigan likes to put McAvoy in garish close-ups, though everything else tends to be a visual muddle, entire action scenes told in a riot of rain and electric bolts punctuated by cutaways to McAvoy cackling as he goes down with the ship. And Radcliffe's stammering rom-com Hugh Grant version of Igor gets old fast, while the monster, once he comes, is dispatched like the anticlimax he is. **MP**

'The Danish Girl'

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FOCUS FEATURES

As a film about one of the first cases of surgical gender reassignment, "The Danish Girl" is only so-so. As a breakup movie, it's downright radical. The story of Lili Elbe, played by Eddie Redmayne, is told with delicacy, empathy and not a small amount of monotony. The story of how Lili split ways with her ex-wife, Gerda (Alicia Vikander), is delicate, but also sharp, insightful, quietly tough and maybe even profound about how love can last even after a good, devastating dumping.

A lot of movies about couples parting ways focus on the nasty splits. Lili and Gerda's breakup isn't free of acrimony, but it's essentially a force for good. Granted, there was little in the way of precedent. It's the early 1920s when Gerda, then Einar, an esteemed painter, realized she finally felt herself as a woman. For Gerda to stand in her way would be pure selfishness. But Gerda is still losing her soulmate, who even announces late in that Einar no longer exists — just a ghost, a figment to live on in their memories.

How to part ways with Gerda without destroying her is the only major dramatic hurdle Lili faces. There's the pioneering surgeries that will eventually take her life, but that just makes this a story of waiting for yet another doomed LGBT character to die a beatific death. Remove its moving portrayal of love-amidst-dumping, and it's just a procession of pretty pictures from director Tom Hooper ("The King's Speech," "Les Miserables"), a technician and sometimes not even a competent one. The overly tasteful images betray a lack of understanding of what it means to be trans, but the argument that letting someone go can be a form of deepest affection is nearly enough to justify its existence. **MP**

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Eddie Redmayne's education

The Oscar-winner learned a lot about the trans community when making "The Danish Girl."

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Eddie Redmayne portrays Lili Elbe both before and after her transition in "The Danish Girl." AGATHA A. NITECKA

Eddie Redmayne is excited to be part of the transgender conversation. In his latest film, "The Danish Girl," the Oscar-winner plays Lili Elbe, one of the first people to transition from male to female. "I hope this film can continue that dialogue," he says about the mainstream's recent acceptance of the trans community in films and TV shows such as "Tangerine" and "Orange is the New Black."

You were involved with this project for a few years before it was finally green-lit. That seems like it would give you extra time to research.

Exactly. When I was working with [trans director] Lana Wachowski [on "Jupiter Ascending"], I mentioned Lili and Gerda [her former wife, played by Alicia Vikander] to her, and she was incredibly passionate about her story. She pointed me to where I should start. Then I started meeting members of the trans community from different generations. Above and beyond the film, life-wise it was an amazing thing.

GETTY IMAGES

What kinds of things in particular did you learn?

I'd always assumed that being transgender involved some form of physical transformation, and I realized that's absolutely not the case. It's entirely to do with what's in one's mind. All the women I talked to described how they had known from a very early age that they were a different gender than that which they'd been assigned at birth. What was important for me was that when Lili was living as Einar, she was uncomfortable in this guise. There was a drawing of Lili when she was living as a man. She had these high starched collars and this tailored suit. It almost looked like a scaffolding that she had put on herself as a consequence of trying to keep up this masculinity.

How did you feel when you first put on Lili's female attire?

The first time I came on set as Lili, the feeling of nervousness and scrutiny — the gaze of people looking at you — was unnerving. It was interesting because it resonated with what some of the trans women I'd met who had described going out early in their transition. But with them it's coupled with the absolute fear of violence, whereas I was doing it in a completely safe environment. It was nothing compared to what trans people have to deal with on a day-to-day basis — the real threat of violence.

Changing times

Over the last few years there has been an incredible tidal wave of awareness and support for the transgender community. In fact, this has happened in the midst of your involvement with this movie.

It's extraordinary. But what is dumfounding to me, when I was first reading about Lili and Gerda's story, is they had to deal with violence and discrimination. This is almost 100 years ago. Nowadays you can be fired in 31 states in America for being trans. The violence against trans women — especially trans women of color — is overwhelming. There's been a great acceleration of acceptance and real conversations in mainstream media, but it's taken such a long time and there's so much more progress to go.

Michael B. Jordan makes an epic run in "Creed." WARNER BROS. PICTURES

'Creed'

Director: Ryan Coogler
Stars: Michael B. Jordan, Sylvester Stallone
Rating: PG-13

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"Creed," the seventh film to feature Sylvester Stallone's palooka Rocky Balboa, follows a struggling fighter. It has a fairly ludicrous big match between a mighty champ and a nobody. It has a training montage. It has a second-act health scare. It has a fight that could be read as a victory even if our hero doesn't technically win (and doubly so if he does). In other words, it ticks all the boxes of what made the "Rocky" films "Rocky" films.

But there's no Bill Conti score, no "Eye of the Tiger," and certainly no Paulie's robot from "Rocky IV." It's the first film with Rocky not written by Stallone himself, but by "Fruitvale Station"'s Ryan Coogler. And Rocky isn't the hero. That's Michael B. Jordan's Adonis, the secret love child of Balboa's deceased frenemy Apollo Creed (Carl Weathers). The film will follow him as he comes to Philadelphia with little to his name — and, speaking of which, not telling anyone he's the son of the world's most famous fighter.

But to say "Creed" doesn't want to be another "Rocky" would be disingenuous. More accurately, Coogler engages in a dialogue between delivering the franchise's expected goods and lighting off in new territories. It manages a neat trick: It's not a slavish recreation nor even a straight-up reboot, but a film that thoughtfully, even movingly, engages with what revisiting this particular beloved franchise in 2015 means. It's fan fiction but not fan service.

Stallone's first time playing Rocky, in 1976, is one of those deeply lived-in turns whose greatness is easy to take for granted. Here, as Adonis' trainer, Stallone says almost everything with weary body language, with sad eyes, with a sad smile — all speaking to decades of regret and failure in addition to triumphs and happiness.

He fits right into a film that doesn't have a cynical bone in its body, that isn't simply trying to feed off our collective nostalgia, and for a series that is, at best, spotty, if always fascinating. With news that the "Star Wars" series may outlast us all, a film like "Creed" — which has one foot in the past, and one in the future — manages to not only be a worthy successor but remind us that life, not just movie franchises, always moves on. **MP**

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Thanksgiving Eve, Blackout Wednesday, whatever you call it, a Nov. 25 party by any name is just as intense.

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When Wednesday is a Friday, things get wild. Here's where to party on Blackout Wednesday, the biggest drinking night of the year. Just be sure to get home safely — you wouldn't want to miss out on all that food and football tomorrow.

Space Ibiza **OLEG MARCH 2013**

Casino night

The stakes are a little higher than usual at the Empire Hotel. Get up to its enclosed rooftop to try your luck at roulette tables, blackjack and more. Everyone gets in free before midnight, and you'll want to get there when doors open at 10 p.m. for the hour-long vodka open bar. ***44 W. 63rd St.***

On fleek

One of the few places charging admission is also among the rare spots worth the price (though if you name-drop MTS Productions List at the door, you might even get in for free). **Space Ibiza** has Hot 97's DJ Camilo, plus Ps1, Triple Threat and DJ Trauma beginning at 10 p.m. Gents, starch your collars; ladies, find those dance-all-night heels — this party only pops for the fashionable crowd. ***$32.64, 637 W. 50th St.***

West Village pub crawl

Why settle for one spot when you can take in all the after-hours splendor of the West Village? Meet at 9 p.m. at the first of four locations (find out where you're going only after booking) for a "wildly famous" night, with beer pong, karaoke, live bands and DJs. Cover charge is included, and there's a round of free shots at every stop. ***$16, Pubcrawlnewyork.com***

Thanksgiving Eve shutdown

You won't find a better drink special than the two-for-one deal until midnight at **Katra**. Five DJs will be spinning across two floors for double the dance options, and both guys and ladies get in free until 1 a.m. If the party wears you out, recharge with a hookah and get back out to strut your stuff. ***217 Bowery***

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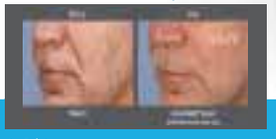
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home

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With a winter this mild, decking the halls is pretty crucial for getting into the holiday frame of mind. But celebrating the spirit of the season doesn't mean your whole apartment has to be covered in red and green. We scoured our favorite home decor stores to find the most cheerful, cool decorations that won't break the bank.

Pom pom garland
$38, FURBISHSTUDIO.COM

Pantone ornaments, **$15.50 EACH, BRIT.CO**

Minimal metal tree, **$39, URBAN OUTFITTERS**

Stargazer cascade fall, **$48 FOR 4 FT, $128 FOR 7 FT, SHOPTERRAIN.COM**

Pink 2-foot by 23-inch Christmas tree, **$45, TARGET**

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Our expert guide to enhancing your Thanksgiving with Champagne.

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If you only think of Champagne on special occasions, then AJ Ojeda-Pons is celebrating most days of the year.

"For the longest time, I had a motto: Drink Champagne every day," says the sommelier, who mans the wine list at Geoffrey Zakarian's The Lambs Club. "Champagne is not just a celebratory item, it's really a very versatile wine."

How versatile? Ojeda-Pons sips a glass of bubbly to start many of his meals, whether that's a cheese plate with fruit, a burger or even a bowl of popcorn while watching TV. Though all Champagne is grown in one small region of France (anything else is sparkling wine), "there's so many houses, there's so many vintners, there's so many styles of it, from very, very dry to very, very rich," he explains. "There's always something that I can find to drink."

Besides bringing its own aroma and flavor, Ojeda-Pons describes Champagne's effect as adding "an extra layer" that changes the texture and character of food.

While we ponder splashing a little New Year's Eve on our Wednesday night usual (read: Szechuan chicken), Ojeda-Pons gave us some ideas about using Champagne to enhance Thanksgiving dinner.

Aperitif

To welcome guests, Ojeda-Pons suggests something on the lighter, crisper side such as a blanc de blanc made with 100 percent Chardonnay. It doesn't have to be in anticipation of a toast — just an easy, no-fuss way to welcome guests. "In lieu of a cocktail, which is more elaborate to make and you have so many people arriving, Champagne is always perfect."

One to try Billecart-Salmon Blanc de Blancs *"My No. 1. … It comes from the grand cru side, oh my God, it's so elegant and pristine and bright." ($83)*

Appetizer

Once you start serving food, ramp up the complexity of the Champagne, but stick with ones that don't blend their grape varieties. "For the starters, I would go for a blanc de noir," says Ojeda-Pons.

One to try Fleury Pere et Fils Blanc de Noirs Brut - *"A great one made with pinot meunier [grapes]." ($35)*

Main course

To stand up to the strong, earthy flavors, he recommends "something really complex and intense, like a vintage Champagne, not too old." Something produced between 2007 and 2009 should do it. The vintage bubbly will complement the food while still standing on its own.

One to try Heidsieck & Co. Monopole Blue Top Brut *"a richer style of Champagne." ($33)*

Dessert

"Champagne used to be a sweeter beverage when it was first famous," but that style has fallen out of favor for drier varieties, he explains. "That's why, historically, you'd have Champagne with your wedding cake, but Champagnes are so dry now that if you put it with something sweet sometimes it can be a big contrast."

An extremely sweet dessert like pecan pie can leave a modern Champagne tasting metallic. He recommends going for a rose Champagne with dessert, in the demi sucre style which has more residual sugars.

One to try La Caravelle Champagne Cuvée Niña *"beautiful aromatically." ($36)*

Look what's coming to the High Line

TheRealDeal.com is a daily blog and monthly magazine covering real estate in the New York metro area.
THE REAL DEAL

A rendering of 76 Eleventh Ave. BIG GROUP

One of the biggest developments coming to the High Line area just got a new set of renderings.

Bjarke Ingels' BIG Group released images of HFZ Capital Group's 76 Eleventh Ave. project, a two-building, 800,000-square-foot condo, hotel and retail complex. The plans reveal a tilted, irregular design with winding, upside-down stairs recalling M.C. Escher. The structure is characterized by a diagonal cut passing through it, granting units on the southern edge of the western tower a view of the High Line, New York YIMBY reported.

The development will house about 300 condo units. The two buildings will share a base, which will contain 50,000 square feet of retail on its ground floor, and a 150,000-square-foot hotel on the second through fourth floors.

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Adam Levitan is a fantasy sports columnist for Metro US. He is also a DraftKings analyst and co-host of The Daily Fantasy Football Edge podcast. @AdamLevitan

Early snags off the waiver wire in fantasy hoops can range from solid gold to a fake watch. Knowing whether to hold a guy or strike the trade market at peak value can set you up for a whole season. These early season studs are the real deal.

Will the thrill

Will Barton was a 2012 second-round pick of the Blazers that never got a chance. He's making up for lost time with the Nuggets. Still only 24 years old, Barton continues to be the Nuggets' best player on an almost nightly basis. It's therefore impossible for coach Mike Malone to keep him off the court, as evidenced by his 26.7 minutes per game. Look for that number to rise as the rebuilding franchise takes minutes away from veterans like Jameer Nelson and Randy Foye.

For Adam Levitan's fantasy football advice, visit **metro.us**

God-zingis

The boos of draft night are a distant memory now. The 7-foot-3 Kristaps Porzingis has a very high fantasy floor because of his unique triple-threat skill set. By that, I mean blocks, rebounds and 3-pointers. Guess how many players averaged at least one of each last year? Zero! The only one close was Golden State's Draymond Green, who finished as fantasy's No. 20 overall player (1.3 blocks, 7.9 rebounds, 1.7 treys). Porzingis was at 1.7 blocks, 9.5 rebounds and 1.0 treys through the first 11 games of November.

Kristaps Porzingis is proving to be a steal in the real and fantasy world of hoops. GETTY IMAGES

Keep that Ish

Yes, the Pelicans are extremely banged up right now. But that doesn't mean we should be looking to move Ish Smith. Jrue Holiday, Eric Gordon and Anthony Davis have all had trouble staying healthy and Smith's skill set can't be denied. An aggressive point guard who gets into the paint at will, Smith is third on the team in player efficiency rating and is the only one on the roster with a positive plus/minus (plus-1.2). Even when the Pels get bodies back, Smith will be useful in the 25-minute range.

NFL power rankings | by Luke Miller

No. 1

Patriots (10-0)

The Patriots have endured two of their closest victories the past two weeks, but those victories leave them five clear at the top of their division with six games left. With Dion Lewis out, James White emerged as Belichick's newest offensive toy.

No. 2

Panthers (10-0)

Have the Panthers and the Patriots switched winning methods? Suddenly it's New England that can barely find WRs to put on the field and Carolina which now has five different players catching TDs.

No. 3

Cardinals (8-2)

The Bengals secondary was banged up and Carson Palmer took full advantage. Minnesota and Green Bay will each come to town in huge December matchups.

No. 4

Bengals (8-2)

Sure, it's two losses in a row, but don't write off the Bengals just yet. A stupid penalty in an away-game loss sure sounds like an appropriate difference between the No. 3 and 4 teams.

No. 5

Broncos (8-2)

Denver appears to have a quarterback, in Brock Osweiler, who can at least manage a game while this defense wins it. That very realistically may be all they need.

No. 6

Packers (7-3)

At risk of falling two games behind the Vikings, the Packers responded by righting their ship after three-straight losses. Eddie Lacy tallied exactly 100 yards for his first 100-yard game of 2015.

No. 7

Steelers (6-4)

Not a bad bye week for Pittsburgh, watching Cincinnati lose once more. Upcoming games against Seattle and Indianapolis won't be easy, though.

No. 8

Vikings (7-3)

The game was closer than the score, but it was Adrian Peterson's sixth fumble of the season that gave the game away even as he became the first back in the NFL with 1,000 yards this year.

No. 9

Chiefs (5-5)

In the Chiefs' four victories in a row, the defense has allowed exactly 39 points. Don't forget three of their losses were by a score or less as well.

No. 15

Giants (5-5)

Who must the Giants be worried about in the NFC East? Washington, who they'll face this week? Philly, who they get the last week of the year? Dallas, who they finished playing?

No. 16

Jets (5-5)

A 1-4 record in their last five isn't a great sign for the Jets, especially when three of those losses have come to Houston, Buffalo and Oakland.

Blueshirts meet Bleu Blanc Rouge

Derick Brassard and the Rangers will host PK Subban and the Canadiens on Wednesday at Madison Square Garden (7 p.m., MSG 2). It will be a showdown between the two top teams in the Eastern Conference, as both teams have 34 points on the season. GETTY IMAGES

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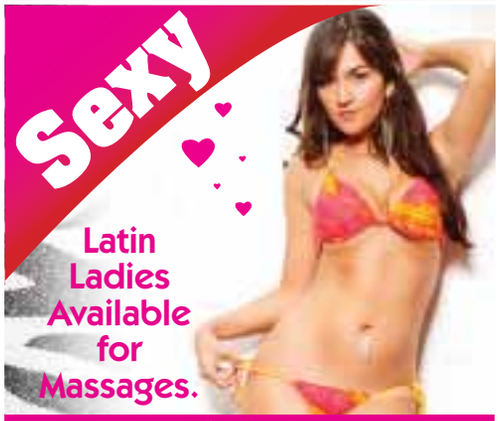

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Hexagon Word

Clues:

1. Boasts
2. Frozen juice dessert
3. Hand-held PC
4. Styles
5. Sits on heels
6. Self-important

Use the clues to fill in the spaces in the numbered hexagons. Each answer runs clockwise but can start anywhere in the shape. Where hexagons touch, they have the same letter. We've given you the first answer. The letters in the middle hexagon reveal a mystery keyword.

Mix 'n' Match

CRI	THI	CAL
MAN	RAP	ESS
NAU	LIS	HED
NEW	MEL	ISM
PUB	LEN	IST
SHA	TIC	PER
THE	NEQ	TED
UNE	SEA	TLY
VIO	SPA	UIN

Clues:

1. Unscrupulous
2. Treatment giver
3. Put in print
4. Unabashed
5. With vehemence
6. Disapproving remark
7. Sickened
8. Gazette

Take a set of letters from each column and combine them to form a nine-letter answer to each clue. Once finished, the remaining sets of letters will spell out another nine-letter word. This is your answer

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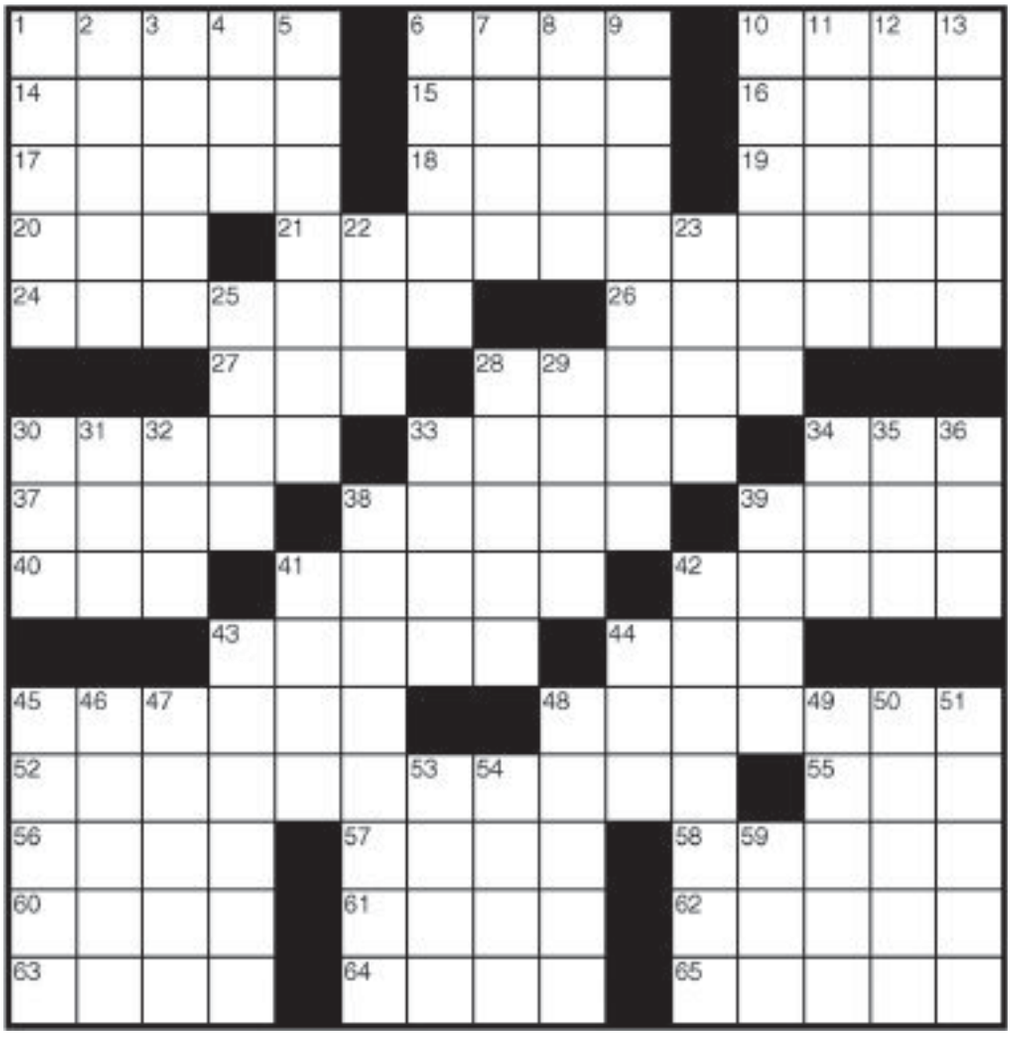
Across

1 Moor
6 Ruby and Sandra
10 Goodbye, to Gaius
14 Kate's TV roomie
15 Enthralled
16 Periods
17 All lathered up
18 Territory
19 Roams around
20 PBS relative
21 Trunk item (2 wds.)
24 Shrimp —
26 Hair tints
27 Pindar forte
28 Liverpudlians, e.g.
30 Sky pilot
33 Lop off branches
34 Edge a doily
37 On a rampage
38 Murphy's Law word
39 Bone below the elbow
40 License plate
41 Cubbyholes
42 Atahualpa subject
43 — diem!
44 MV divided by V
45 Raid
48 Did a slow burn
52 Stony sweets? (2 wds.)
55 Fish roe
56 La — Tar Pits
57 Mete out
58 Wife of Menelaus
60 Not fatty
61 — fixe
62 Plain as day
63 This, to Pedro
64 Right after
65 Squander

Down

1 Didn't yet
2 Split to join
3 Danger signal
4 Gratuity
5 Beatles tune (2 wds.)
6 Serious theater
7 Lawman Wyatt
8 Rapier
9 Featuring
10 Human herbivores
11 Swift steeds
12 Punch server
13 Double curves
22 Suffix for forfeit
23 Commend
25 Kind of chop
28 Flat busted
29 Skedaddles
30 Dab on
31 GP group
32 Iditarod puller
33 Shore up
34 RN's forte
35 Wheel buy (2 wds.)
36 Caramel-colored
38 Made time for (2 wds.)
39 BTU part
41 Table salt
42 Rink event (2 wds.)
43 Beach amenity
44 So-so grade
45 Walk slowly
46 Weight deductions
47 Small pleasure
48 Clay-pigeon shooting
49 Apertures
50 Goolagong rival
51 Beatrice's admirer
53 Dits and dahs
54 Mr. Trebek
59 Spacewalk, to NASA

FOR THE ANSWERS TO TODAY'S PUZZLES, **metro.us/games**



games

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Aries Love is in the stars. Reconnect with old friends. An email or phone call will open a door that has been closed for a long time.

Taurus Deal with sensitive matters before they escalate into big predicaments. An issue that seems hard to decipher will become clear.

Gemini Stick to your principles. You may be flattered by an enticing offer, but regrets will follow if you don't play by the rules.

Cancer Resist the urge to voice your opinions, especially with business colleagues. Offer carefully considered solutions for things to move ahead.

Leo You are regarded for your willingness to help those in need. Don't be surprised if someone is keeping an eye on your good deeds.

Virgo You have a lot on your plate. Proceed with caution, or a damaging mishap will occur. Keep up to date with medical, legal and financial matters.

Libra Look for an inexpensive way to make your living space more appealing. Presenting an inviting atmosphere will make you feel good.

Scorpio Careful study of your plans for the coming year should be a priority. Unsatisfying partnerships should be reconsidered and dealt with.

Sagittarius Keeping busy will help you handle stress caused by personal issues. Don't let relationship problems cut into your professional productivity.

Capricorn Social gatherings will provide a welcome outlet from work troubles. Make an effort to spend more time with friends and loved ones.

Aquarius Financial security should be a priority. Sticking to a strict budget and reducing your expenses will be necessary to avoid problems with creditors.

Pisces What you accomplish now will set the stage for future prospects. If you do the groundwork, success will be yours. EUGENIA LAST

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easy

								3
			1		5		6	
	2	7			3			5
		1	9		6	3	2	
3			5		1			7
	6	9	4		7	1		
7			6			2	8	
	9		2		8			
1								

hard

		2	5		6			8
9	1		7					
6			4				1	
		3		8			4	
2	5						8	3
	8			7		2		
	2				9			4
					7		5	1
5			3		4	8		

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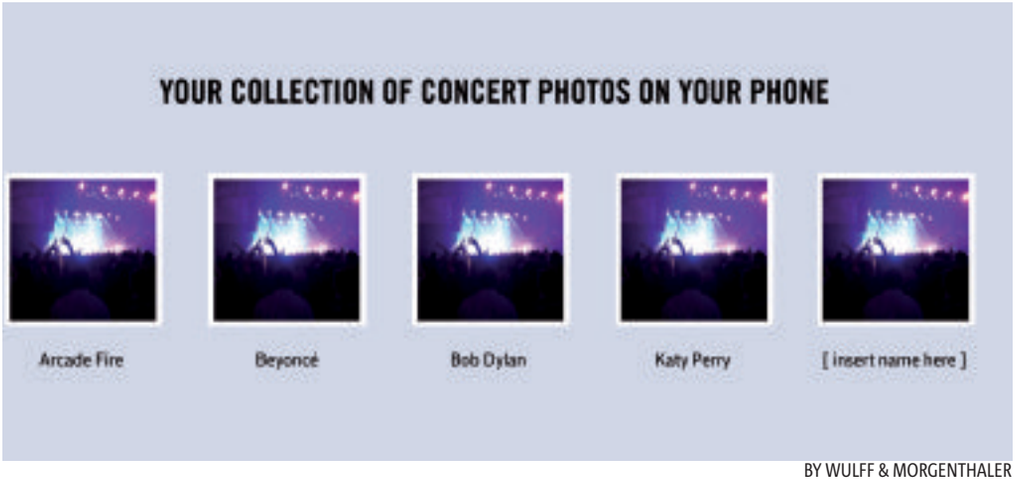

BY WULFF & MORGENTHALER

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